



BURLINGAME AYSO COVID-19 SAFETY PROTOCOL UPDATE 1.6.22

Mask Recommendations and Requirements

Masks will be required when participants are not actively participating in soccer activities on the field. On field soccer activities include match play and training when players are actively moving or social distancing is enforced (e.g., a large circle with participants at least six feet apart). The exception to the mask requirement for off field activities is when coaches address their players. In the event a coach does address their team without a mask, they must be socially distanced. For the avoidance of doubt, all players are required to wear a mask when not on the field and all coaches are required to wear a mask when addressing their teams, coaches, or referees, when they are not socially distanced. Individual participants and responsible adults can decide whether they would like to wear a mask during on field soccer activities.

Pre-activity Symptom Checks

If participant has any symptom(s) of COVID-19 (as defined by the CDC here: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>) which are not explained by another medical condition, that participant shall not attend an organized team activity. For players, a symptom check should be performed by a parent or responsible adult as soon as practicable before that participant joins an organized activity. Participants who experience symptoms must not attend AYSO activities, regardless of vaccination status. Participants must be symptom free for three days before returning to team activities. While encouraged, a negative Covid test is not required to return to play. The pre-activity checklist can be found in Exhibit A.

DEFINITION: Close Contact (as defined by the CDC)

Someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes).

REPORTING REQUIREMENTS:

For any close contact or positive test, report the following to the safety director safety@burlingameayso.org, player's coach, and regional commissioner (jamierusso8@gmail.com).

- Player Name
- Player's School
- Player's Coach
- Date of exposure
- Status of test if applicable
- Start date of quarantine if applicable
- Test type if applicable
- Test date/results if applicable
- Photo of vaccination card (if applicable)

PROTOCOL FOR PLAYER THAT TESTS POSITIVE:

- Stay home from organized AYSO activities for 5 days from date of positive test.
- Return to play when asymptomatic and tested negative 5 days later.
- A negative Antigen or PCR test will be accepted.
- To clear the player, email the safety director with the name of the player, player's team, manufacturer of test, date of test, result of test).
- Player will wear a mask during AYSO play through 10 days post-positive test.
- Notifications of positive test and then negative test should go to: safety director safety@burlingameayso.org, player's coach, and regional commissioner (jamierusso8@gmail.com).
- The player's team members will be notified of a positive case on the team if the team falls under the close contact definition.

PROTOCOL FOR PLAYER CLOSE CONTACT/**PROVIDED PROOF OF VACCINATION**

- Player should be asymptomatic to attend AYSO events
- No isolation from AYSO team required
- Wear a mask during AYSO play for 10 days from close contact
- Player's parent should send copy of vaccine card to: safety director safety@burlingameayso.org, player's coach, and regional commissioner (jamierusso8@gmail.com).

CLOSE CONTACT - **DID NOT PROVIDE PROOF OF VACCINATION**

- Player should be asymptomatic before returning to play
- The player should isolate from AYSO team for 5 days after close contact (*if notified on a Monday of a close contact, the player can return to play on the 6th day, Saturday in this example*)

- Player should wear a mask 5 days mask when they come back (even on the field) (we acknowledge that this is a conservative stance)
- Notifications should go to: safety director safety@burlingameayso.org, player's coach, and regional commissioner (jamierusso8@gmail.com).

Travel Quarantine

Participants should adhere to the below framework for domestic travel quarantine [as set forth by the CDC](#). While travel quarantines are not required by AYSO, they are strongly recommended, especially when participants have traveled to high-risk areas or have spent significant time in public places in which social distancing is not possible (e.g., airports).



Burlingame AYSO

COVID-19 Questionnaire

All players and volunteers must check their temperature and complete this questionnaire before coming to the field. Note: You do not need to bring the completed questionnaire with you to the field.

DO NOT ATTEND SESSION IF:

- You/your player answers YES to any of the questions below
- You/your player are feeling unwell for any reason
- You/your player have been in close contact* with someone who is feeling unwell with COVID-19 symptoms

1. Do you have a temperature of 100.4 F or higher? Yes / No	
2. Do you have any of these <u>persistent</u> symptoms within the last 3 days or tested positive for COVID-19?	
Sneezing/Runny Nose	Loss of taste or smell New onset rash
Coughing	Headache
Shortness of breath	Nausea
Sore Throat	Diarrhea
Severe fatigue or muscle aches	Vomiting
3. Have you had close contact* with a person who has the symptoms listed above and/or has tested positive for COVID-19? Yes / No	
4. Have you traveled outside the US in the last 14 days? (If yes, do not attend practice for the next 14 days) Yes / No	

If a player/coach tests positive for COVID-19 or has been exposed to a COVID-19 positive individual:

Players: IMMEDIATELY notify your COACH and the SAFETY DIRECTOR at safety@burlingameayso.org.

Coaches: IMMEDIATELY notify the SAFETY DIRECTOR at safety@burlingameayso.org.

Player and coach confidentiality will be maintained.

THANK YOU FOR YOUR COMMITMENT TO OUR COMMUNITY'S SAFETY!